

Climbing School

The Climbing School is designed to assist members with training their employees whose job assignments will require them to climb poles. This is not a school for those individuals who already know how to climb. It is only for those with little or no experience.

Course Overview and Registration Information

Course Outline

During this course, participants will learn...

- Prepare to Climb
- The Climb
- Knot Tying and Splicing
- Hot Sticks
- Rigging Handline/Block and Tackle
- Introduction to Single-Phase Overhead Transformers
- When Something Goes Wrong: Pole-Top Rescue

NOTE: This school is not intended to certify an individual as outlined in (a) (2) (vii) of the 1910.269 Electrical Power Generation Transmission and Distribution Standard.

All participants will be required to wear the 100% Fall Protection equipment. Students who demonstrate proficiency in each of the assigned tasks will receive a certificate of completion at the end of the school.

Who Will Benefit from Attending? - Individuals who need to learn proper climbing techniques and equipment. Also, for individuals needing additional training.

Prerequisite

A Flagger Safety Certificate is required to attend this course. Please forward a copy of your current certification card to Jill LaBorde at jlaborde@electricities.org prior to registering. If you have not attended a Flagger Safety course, please contact our office for a list of online Flagger Safety courses.

Logistics

Location: Nash Community College

522 North Old Carriage Road
Rocky Mount, NC 27804

Date: September 9-13, 2019

Times:

Monday

9:00 a.m. – 5:00 p.m.

Tuesday - Thursday

8:00 a.m. – 5:00 p.m.

Friday

8:00 a.m. – Noon

Cost: Price includes workbook, snacks and lunch (Tuesday – Thursday).

Members: \$699

Associate Members: \$1049

Non-Members: \$1599

Class Necessities

Students are required to bring the following equipment:

- Hard Hats
- Work gloves
- Long-sleeved shirts (required while climbing)
- Climbing tools and gaff gauge
- Hand tools
- 100% Fall Protection*
- Eye protection (safety glasses)
- Rubber gloves with glove protectors
- APPA Safety Manual (to purchase a manual, contact Jill LaBorde at (919) 760-6301)
- Climbing boots (strongly recommended)
- Rain Suit (strongly recommended)
- City/Town uniform

Continued

Accommodations

DoubleTree

651 North Winstead Avenue

Rocky Mount, NC 27804

(252) 937-6888

\$80.00 per night for 1 King or 2 Queen Beds.

Ask for the Electricities rate.

The cut-off date for reservations will be August 26, 2019.

Registration Deadline: August 26, 2019

Cancellation Policy

- **Course Cancellation:** If a course is cancelled, all registrants will be notified with a full registration fee refund.
- **Participant Cancellation and No Shows:** Non-refundable registration fee after **Registration Deadline of August 26, 2019.**

Class Size is limited to 25

* Fall protection will be provided for those who do not have it. Students with defective or damaged equipment will not be allowed to participate in this school. Anyone who is restricted or physically unable to participate in any portion of the training will be dismissed.